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Footsteps in Nature: Exploring Jurong Lake Gardens



The sun was blazing, but that didn't stop our PH family from showing up with bright smiles and adventurous spirits to explore Jurong Lake Gardens! Together, we explored the Therapeutic Garden, Bonsai Garden, and Chinese Garden, taking in scenic landmarks like the Grand Arch, the Stone Boat, and the Twin Pagodas. The Nature Bingo challenge added excitement, with residents teaming up to spot plants, wildlife, and hidden gems around the park. The day wrapped up with laughter and shared stories over a hearty meal, leaving everyone refreshed, reconnected with nature, and closer as a community.















Swap PHest: Fashion that doesn't Cost The Earth

Swap PHest served as a meaningful step towards a circular fashion culture by encouraging PH residents to extend the life of their clothing through swapping and rewearing. Residents exchanged pre-loved clothing or purchased curated second-hand pieces in partnership with Cloop and the Red Cross, ensuring everyone could take part. The Eco-coin system added a fun and rewarding element, with participants earning discounts for completing sustainabilitythemed tasks. All proceeds from the event will go towards the PH Bursary to support fellow residents. Thank you to everyone who came down to shop and for showing your enthusiasm in Swap PHest! Together, we're making PH a little greener.













FnS Tip from the IG Leaders

Growing a few seedlings by your window reduces waste and gives you a peaceful little break from everything

> ~ Rayana & Rea ~ (Vertical Farming IGLs)

>> INTEREST GROUP UPDATES -**Gardening IG**



In Season at PH!

Vertical Farming IG



System in Action!

uPHScycling IG



Unused Paper Gets a New Life