

STUDENT EXCHANGE PROGRAMME (SEP)

Information for Students on Exchange

University	University of Oregon
Country	Eugene, Oregon, USA
Academic Calendar	<p>The University of Oregon runs on a quarter system: Fall (September–December) Winter (January–March) Spring (April–June)</p> <p>https://orientation.uoregon.edu/academic-calendar</p>
Exchange Duration	One semester
Language Proficiency Requirement	English
Course Information	<p>Minimum: 12 credit hours</p> <p>The regular semester workload for full- time undergraduate students as determined by the Office of the Provost is 22.5 credits. Credits earned at the host university may not be directly equivalent to NUS credits and you can refer to the SEP Credit Transfer Calculator for information on units exchange ratio at the host university. Please note that the actual number of credits earned is subject to the units exchange ratio at the point of credit transfer.</p> <p>For more information on academics and courses available at UO, please refer to the following two links:</p> <ul style="list-style-type: none"> • https://iss.uoregon.edu/exchange-students#academics • http://catalog.uoregon.edu/
Accommodation	<p>Exchange and visiting students may choose to live in on-campus residence halls, university-owned apartments, or in off-campus housing. Placement in the residence halls is not guaranteed - early application is advised to increase the chances of placement. Students are responsible for arranging their own housing. Costs may vary quite significantly depending on where a student chooses to live.</p> <p>On-campus residence halls: https://housing.uoregon.edu/halls University apartments: https://apartments.uoregon.edu/ Off-campus housing: https://offcampushousing.uoregon.edu/</p> <p>ISSS housing guide: https://iss.uoregon.edu/arrival-handbookcampus-housing-resources</p>

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	<p>Students will be able to apply for university housing (both residence halls and apartments) after they are admitted to the UO.</p>
Visa	<p>Exchange students at the University of Oregon will need to apply for a J-1 student visa to study in the US. Once students are admitted, a DS-2019 is issued by the UO based on the student's admission to the University of Oregon and evidence of financial support. The DS-2019 is required to apply for a J-1 visa and is a required document for entry to the U.S. Students must keep their DS-2019 with their passport. The DS-2019 is sent with the student's official letter of admission.</p> <p>Students may enter the U.S. up to 30 days before the DS-2019 program start date; not earlier! Students should carry their passport and visa, DS-2019, and letter of admission. Admission to the U.S. should be a smooth experience if everything is prepared in advance.</p> <p>Additional information:</p> <ul style="list-style-type: none"> • https://iss.uoregon.edu/j-1-students • https://j1visa.state.gov/participants/how-to-apply/interviews-documents/
Insurance	<p>All full-time NUS students are covered under the university's Student Group Personal Accident & Medical Insurance and the Student Travel Insurance. For more information on the university medical insurance, please refer to https://myportal.nus.edu.sg/studentportal/student-insurance/all/.</p> <p>All international students enrolled at the University of Oregon are required to hold comprehensive health insurance. Exchange and visiting students will be automatically enrolled in the UO's International Student Plan. Students will be required to pay the cost of the insurance plan.</p> <p>International students with existing insurance which meets or exceeds the university's standards may request an insurance waiver. To be approved for an insurance waiver, students must provide proof of health coverage which meets the waiver criteria. Waiver criteria may be viewed here.</p> <p>In an effort to maintain a healthy campus, the University of Oregon has required vaccines and highly recommended vaccines. These vaccines address vaccine-preventable diseases that are often seen on college campuses. Exchange students are highly encouraged to satisfy UO immunization requirements before arriving on campus. University Health Services can also administer these vaccines to students once students arrive in the US, but this</p>

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	<p>will delay course registration. See Costs for Services for vaccine prices. Immunization for measles is required by the State of Oregon.</p> <p>A hold will be placed on the registration process of students who are not compliant with measles, mumps, and rubella (MMR) requirements. For international exchange students, the hold will be placed on registration prior to their first term at the University of Oregon. For more information about required immunizations, please visit this page.</p> <p>It is recommended that you purchase a comprehensive travel insurance for the full duration of your stay abroad, including your personal travel within/outside United States. Please review your insurance coverages to ensure that they meet your needs.</p> <p>Students are strongly encouraged to assess the risk of their intended activities and purchase supplemental insurance plans to ensure they are adequately covered during their time abroad.</p>
Useful Links	<ul style="list-style-type: none"> - https://isss.uoregon.edu/exchange-students - https://isss.uoregon.edu/exchange-students#apply

Note: Please refer to the host university's website for the latest updates and information.