

## Information for Students on Exchange

<b>A. University</b>	University of Oslo  <a href="http://www.uio.no/english/studies/admission/exchange/bilateral/index.html">http://www.uio.no/english/studies/admission/exchange/bilateral/index.html</a>
<b>B. Country</b>	Norway
<b>C. Academics</b>	
<b>i) Module Mapping &amp; Credits Transfer</b>	<p>Please ensure that your Study Plan is approved by the academics at your home faculty before the exchange. You can check with the SEP Coordinator in the Dean's Office of your home faculty.</p> <p>Modules approved in the past might not be offered by the host university or approved by your faculty when it is time for your exchange. Please check the latest course offerings at the host universities while you are preparing your Study Plan.</p>
<b>ii) Academic Calendar</b>	<p><b>Semester 1:</b> Mid-August to Mid-December  <b>Semester 2:</b> Early January to Mid-June</p> <p>The exact dates for the start and end of each semester may vary between the different study programmes and courses. The course descriptions will give you detailed information about each course, when it is taught, time and place of the exam(s) etc. The list is updated for the coming semester in late November/middle of May.</p>
<b>iii) Exchange Duration</b>	Semester based exchange is possible.
<b>iv) Examination</b>	There is no overlapping of academic calendar and therefore NUS students are expected to <u>complete the examination in Oslo</u> before returning to NUS.
<b>v) Curriculum Structure</b>	<p>A course usually has a credit value between 5 and 20 credits. A full-time student takes courses worth 30 credits per semester.</p> <p>More information is found here:  <a href="https://www.uio.no/english/studies/about/academic-system/courses/">https://www.uio.no/english/studies/about/academic-system/courses/</a></p>
<b>vi) Entry Requirements</b>	<ul style="list-style-type: none"> <li>(a) registered as a full-time undergraduate student of NUS</li> <li>(b) have successfully completed at least two (2) semesters of study at NUS upon admission to the host university;</li> <li>(c) not eligible for exchange in the graduating year</li> <li>(d) a student of good standing at NUS with</li> </ul>

	<p>a. a minimum upper division second class honours or;</p> <p>b. a minimum B average grade or ;</p> <p>c. a CAP of at least 3.0 (out of 5) for NUS students</p>
<b>vii) Language Proficiency Requirements</b>	<p>Courses are conducted in Norwegian and/or English</p> <p>Usually higher-level courses are taught in English.</p>
<b>viii) Modules Compatibility</b>	<p>English-taught undergraduate modules can be found here: <a href="http://www.uio.no/english/studies/courses/">http://www.uio.no/english/studies/courses/</a>. Please select carefully for the modules taught in English.</p> <p>Faculties and schools accepting undergraduate exchange students:</p> <ul style="list-style-type: none"> <li>• Humanities</li> <li>• Social Sciences</li> <li>• Educational Sciences</li> <li>• Mathematics and Natural Sciences</li> <li>• Theology</li> <li>• Law</li> </ul> <p>Most humanities/social science courses are taught in English at the undergraduate level.</p> <p>NUS students will be considered by Oslo for modules with matching pre-requisites and availability.</p>
<b>ix) Module restrictions and pre-requisites</b>	<p>Courses within Nutrition and Health Sciences, Geoscience, courses at the University Centre in Svalbard and Psychology might have restrictions and prerequisites may apply.</p> <p>Courses with the codes ENG and NORAM tend to get fully booked quite fast, and Oslo degree-seeking students who have these courses as compulsory in their programme are given priority.</p> <p>Please check the list of courses which are discontinued at Oslo: <a href="https://www.uio.no/english/studies/courses/all/?filter.level=bachelor&amp;filter.semester=v19&amp;filter.status=discontinued">https://www.uio.no/english/studies/courses/all/?filter.level=bachelor&amp;filter.semester=v19&amp;filter.status=discontinued</a></p>
<b>D. Application</b>	
<b>i) Procedures</b>	<p>NUS students must be nominated by NUS before they can apply for fee-waiver exchange at the host university.</p> <p>The application procedures and list of supporting documents needed by the host university can be found in the SharePoint.</p>

	<p>Please look for the SEP coordinator at your Dean’s Office for the link to the SharePoint</p> <p>Please check with your faculty for its internal application deadlines.</p> <p>After you have been selected by and accepted your faculty’s internal offer, your faculty would give you the application instructions of the partner university.</p> <p>Only online application is required by University of Oslo.</p> <p>Details can be found here: <a href="http://www.uio.no/english/studies/admission/exchange/application.html">http://www.uio.no/english/studies/admission/exchange/application.html</a></p>
<p><b>ii) Deadlines</b></p>	<p>All NUS student must abide by the internal application deadline set by their home faculty for exchange participation in the following academic year. After clearing the internal application and selection process, students have to take note of the application deadline set by the host university.</p> <p><b>Deadline for submitting application to host university:</b> Semester 1: 1 May Semester 2: 1 November</p> <p>Failure to submit a formal application to the host university will result your exchange being forfeited even if you have been selected by NUS for the exchange.</p>
<p><b>E. Accommodations</b></p>	
<p><b>i) University Accommodation</b></p>	<p>Prices for a single, furnished room vary from approximately NOK 2,200 to NOK 4,200 a month. International students are generally offered accommodation in the lower price range, where they share bathrooms (2-5 students) and kitchens (4-6 students). However, they may apply for transfer at a later date if they should wish to change their accommodation within the same category.</p> <p>Please note that family apartments or flats for students who wish to bring along their spouse or family cannot be guaranteed by SiO or the International Education Office. Students who wish to bring along their spouse or family have to find an apartment on the open market. These days, rents start at approx NOK 8,000 for a 2-room apartment in central Oslo.</p> <p><a href="http://www.uio.no/english/student-life/services/housing/">http://www.uio.no/english/student-life/services/housing/</a></p>
<p><b>F. Visa</b></p>	
<p><b>Consular/Visa Regulation</b></p>	<p>All students are advised to apply for the necessary visa immediately after they received the official offer letter/email from their host university.</p>

	<p>Some visa application process could take up to 2 months to process. Your exchange at the host university depends on the clearance by the immigration of the host country.</p> <p><b>Non-EU/EEA-citizens</b></p> <p>Students residing outside the European Economic Area must apply for a visa and residence permit immediately after they have received their Letter of Admission from the University of Oslo.</p> <p>All Non-EU/EEA students are advised to apply for a residence permit from home.</p> <p>How to apply:</p> <p>Fill in the application form for first time residence permit and apply through the nearest Norwegian Embassy/Consulate in your country of residence. (This is managed by VFS in Singapore.)</p> <p>Be sure to include the following documents together with the application form:</p> <ul style="list-style-type: none"> <li>- Passport and copy of all used pages in passport</li> <li>- 2 new/recent passport size photos with white background</li> <li>- A letter of full-time admission from an approved educational institution, stating your name, which studies you have admission to, at what level the studies are and how long the programme lasts</li> <li>- Documentation that you have sufficient funds</li> <li>- Documentation which shows that you have somewhere to live in Norway</li> <li>- UDI's checklist</li> </ul> <p>You must register with the Oslo Police, Foreign Section within 7 days after arrival.</p>
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**G. Safety, Health & Medical Insurance**

<p><b>i) Health/Medical Insurance</b></p>	<p><b>Students from countries outside the European Economic Area</b></p> <p>If the duration of your stay in Norway is more than one year you automatically become insured under the National Insurance Scheme when you register as a student at the University of Oslo and as a resident in Norway.</p> <p>If the duration of your stay in Norway is between 3 and 12 months you should fill in a special form entitling you to social security coverage with regard to health services in accordance with the National Insurance Scheme. The form must be sent to the insurance office in the municipality in which you are staying.</p>
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	<p>Students who do not fill in this form or students who stay in Norway less than three months should have a social security coverage from their home country.</p> <p><u>Health services for international students at UiO</u></p> <p>Your semester card which you receive by semester registration basically allows you free medical treatment at the Student Health Services. This does not apply to medicines or to medical tests taken off Blindern campus. The cost of medicines is only covered if you are hospitalised or suffer from a serious disease and are member of the National Insurance Scheme or have the European health insurance card or other form of social security which covers these costs</p> <p>In addition, all registered NUS students are covered under the university health insurance and the blanket travel insurance. For more information on the university health insurance coverage, please refer to:</p> <ul style="list-style-type: none"> <li>• <a href="https://myportal.nus.edu.sg/studentportal/student-insurance/all/">https://myportal.nus.edu.sg/studentportal/student-insurance/all/</a></li> <li>• <a href="https://nus.edu.sg/uhc/docs/default-source/insurance/frequently-asked-questions-on-covid-19.pdf">https://nus.edu.sg/uhc/docs/default-source/insurance/frequently-asked-questions-on-covid-19.pdf</a></li> </ul>
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<b>ii) Emergency Number at host university</b>	Tel: +47 22 85 50 07
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#### H. Cost of Living

<b>i) Estimated Monthly Living Expenses</b>	<table border="1" data-bbox="470 1400 1460 1646"> <thead> <tr> <th>Breakdown of Costs</th> <th>Cost</th> </tr> </thead> <tbody> <tr> <td>Accommodation</td> <td><b>NOK3500</b></td> </tr> <tr> <td>Transport</td> <td><b>NOK600</b></td> </tr> <tr> <td>Food</td> <td><b>NOK3000</b></td> </tr> <tr> <td>Others (Books, entertainment etc.)</td> <td><b>NOK2400</b></td> </tr> <tr> <td><b>Monthly Estimate</b></td> <td><b>NOK 10,500</b></td> </tr> </tbody> </table> <p>Details can be found at <a href="http://www.uio.no/english/student-life/budget/">http://www.uio.no/english/student-life/budget/</a></p>	Breakdown of Costs	Cost	Accommodation	<b>NOK3500</b>	Transport	<b>NOK600</b>	Food	<b>NOK3000</b>	Others (Books, entertainment etc.)	<b>NOK2400</b>	<b>Monthly Estimate</b>	<b>NOK 10,500</b>
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#### I. Useful Information

<b>Student Life</b>	<a href="http://www.uio.no/english/student-life/life-in-oslo/">http://www.uio.no/english/student-life/life-in-oslo/</a>
<b>COVID-19 related</b>	<a href="https://www.uio.no/english/about/hse/corona/">https://www.uio.no/english/about/hse/corona/</a>