

Sandra Wong
Sports Team of the Year Women 2008

My team and I feel extremely honoured in receiving this award this evening because it is a prestigious award and an important recognition for our efforts and achievements in Volleyball.

As a team, we have experienced our fair share of conflicts and arguments and it was not an easy task for us to resolve them.

Our toughest challenge probably was the learning process to work and train together as a team because of our different schools and training backgrounds. It was definitely a problem for us to adapt to each other's playing style and character. However, despite all these differences, we have conquered them altogether as a team as our bonding and team spirit came into play along the way. It was really worthwhile for us to walk this journey together because the team ultimately bonded well and we have achieved good results.

Besides trying to resolve our team conflicts, we, as individuals, have also worked very hard to outperform ourselves in our skills. We were motivated to do so because of our desire to win competitions together as a newly bonded team and also, to experience the satisfaction of winning.

My team and I want to tell all the teams out there to not give up trying to work as a team. We must always learn to understand and accept our teammates' differences. It is because they are your motivators, supporters and the building blocks of the team. Never give up on your teammates and they will never give up on you. That is the value of a team sport.

We really want to thank our coach, Miss Janet Alcantara for her guidance, our team manager, Mr Lawrenz Sim for his fullest support and NUS for giving us the Sports Team of the Year award.