

## **A. General Regulations**

### **1. Competition Rules**

All competitions shall be held in accordance with the Asian Canoe Confederation (ACC) and International Canoe Federation (ICF) Flatwater Racing Regulations.

### **2. Competitors' Eligibility, Registration & Entry**

- a) Participants of the championship must be a student who are officially registered and pursuing a full-time course of study at a university or similar institute whose status as a university is recognised by the appropriate national academic authority of their country.
- b) Students who have graduated within a year can participate and as long as he/she has completed for a full-time degree programme (should have their convocation on or after 1st July 2008).
- c) A competitor may not compete for more than one country/university.
- d) Each University Team is **allowed only TWO (2) canoes/kayaks per event.**
- e) First priority shall be given to the first 12 countries registered and equal country representation.
- f) Each country is allowed to register a maximum of 2 University Teams per event.
- g) Registration fees of US\$200 per participant should be made payable to National University of Singapore upon registration. The closing date for registration is 22 May 2009. Registration fees are non-refundable.

### **3. Events**

<b><u>Categories / Distance</u></b>	<b>500m</b>	<b>1000m</b>
Men	C1, C2, K1, K2 and K4	C1, C2, K1, K2 and K4
Ladies	K1, K2 and K4	K1, K2 and K4

### **4. Specifications**

	<b>C1</b>	<b>C2</b>	<b>K1</b>	<b>K2</b>	<b>K4</b>
Max. Length/ cm	520	650	520	650	1100
Min. Weight/ kg	16	20	12	18	30

- a) The length of a canoe/kayak shall be measured between the extremes of the bow and stern. Any rudder forming a continuation of the length of a canoe is not to be included in the measurement.
- b) All canoes/kayaks must have seats.
- c) The Organiser reserves the right to select at random any canoes for checking.
- d) All competitors will be provided with the canoes /kayaks in accordance with the above specifications.
- e) Nelo canoes/kayaks will be provided for training and competition without charges.

### **5. Equipment**

Nelo canoes/kayaks will be provided without charges. Participants are to bring along their own Personal Floatation Device (PFD) and Paddle. It is compulsory to wear PFD during practice sessions and competition/race day.

## **6. Alterations in entries and withdrawals**

- a) No alteration of entries will be allowed after the closing date, though substitution (must be from the entry list of competitors' names) may be submitted **ONE** hour before the start of the 1<sup>st</sup> race.
- b) Any competitor who has withdrawn from one event will not be allowed to enter any other event for which they have not registered during the initial submission.

## **7. Protest and Appeal**

- a) A protest or appeal for infringement during the race must be lodged by only the team manager and within 10 minutes after the completion of the event.
- b) All protests and appeals shall be made in writing and be accompanied by a fee of **US\$30.00 each.**
- c) The fee will be refunded if the protest or appeal is upheld.

## **8. Canoe/Kayak and Personal Numbers**

All canoes shall carry a vertical plate, indicating the lane, shall be placed on the centerline on the afterdeck (Canadian canoes foredeck).

## **9. Instructions for Competitors**

- a) All competitors are expected to be able to swim at least 50m and buoyancy vests must be worn at all times when in water.
- b) Before the beginning of the race, each team manager shall receive printed or written instructions containing the following information:-
  - i) Detailed information on the courses and their markings.
  - ii) Starting time.
  - iii) Starting lane.
  - iv) Type of boat control.

## **B. Racing Regulations**

### **1. Disqualification**

- a) Any competitor who attempts to win a race by other than honourable means, or who breaks the racing regulations, or who disregards the honourable nature of the racing regulations shall be disqualified from the race.
- b) Should a competitor have completed a race, which is shown upon inspection not to conform with the ICF classifications he/ she shall be disqualified from the race in question.
- c) It is forbidden to receive, during a race, outside help, or to be accompanied by other kayaks/boats along the course - even outside the lanes - or by throwing objects into the course. The minimum penalty imposed could be that of the withdrawal of an event from the particular university.
- d) In the event of a capsize, the competitor or crew is eliminated from the race if he/ she/ they are not able to get in the boat without outside help.
- e) No warm-up or practices are allowed along the racing lane during the course of the Championship.
- f) All such acts shall entail the disqualification of the competitor concerned.
- g) The lanes are marked with buoys or floats, competitors must pass in between the buoys corresponding to their lane. Paddling across other lane can be disqualified from the race.

## 2. Means of propulsion

- a) Canoes/Kayaks shall be propelled solely by means of double-bladed paddles.
- b) Canadian canoes shall be propelled solely by means of single-bladed paddles.
- c) The paddles may not be fixed on the boats in any way.
- d) If a paddle is broken a competitor may not be provided with a new one by a supporter.

## 3. Heats and Finals

- a) At least 3 canoes/kayaks must be entered before a race can be held. If the number of entries in races up to and including 1000 metres is so great that heats are necessary, the number of boats in each heat and in the final must not exceed 6.
- b) The division of the competitors into heats shall be determined by drawing lots.
- c) A total of 6 kayaks may participate in the final and if more than this number has been entered in the race, it shall be as follows:

3 – 6 entries	:	Direct final.
7 - 12 entries	:	2 heats and first 2 from each heat to final. 3rd to 5th goes to Semi-Final; first 2 in Semi Final go to Final
Withdrawal OR 'no-show' during the Championships		<b><u>Any withdrawal or 'no-show' during the Championships, by any team, for any heat, will not affect the other canoes/kayaks in that heat. Should the withdrawal or 'no-show' result in only one kayak remaining in a particular heat, that remaining kayak/canoe will be declared a Finalist by default.</u></b>

- d) When making the draw, the difference between the numbers of competitors in the heats of a race shall not exceed one. If the number of competitors in the heats varies, the earlier heats shall have the larger numbers.
- e) Any competitor that has not taken part in a heat (except for events with no heats) shall NOT be allowed to compete in the final.

## 4. Start

- a) Lots shall be drawn to determine the station of the boats at the start. Number one canoe/kayak shall be placed to the left most (in the direction facing the finishing line), then number 2 canoe/kayak and so on.
- b) In competitions where heats are required, lots must be drawn separately for each heat.
- c) Competitors have to be at the starting area at least 2 events before the start of their race. The start shall be given punctually without reference to any absentees.
- c) Competitor who fail to report 2 events before his/ her event shall be considered to have voluntarily withdrawn from the race.
- d) The position of the canoes/kayaks at the start shall be such that the bow of the competing canoes/kayaks are on the starting line. Canoes/Kayaks must be stationary. Blades are allowed on the water surface to stay balance and must not propel forward.
- e) The starter shall give the starting signal by the word "START WITHIN TEN SECONDS" and when he is satisfied, he will give the starting signal by a blast of the air horn.
- f) If the competitor starts paddling ahead after the word "START WITHIN TEN SECONDS" and before the air horn has sounded, he has made a false start.
- g) The starter must immediately warn the offending competitor/s, and if 2 false starts are made by the same competitor/s, the starter shall disqualify him/ her from the race.
- h) Any competitor who disregards the second warning of the starter to take up the correct position at the start, and who keeps ahead of the other competitors, shall be disqualified from the race.
- i) The recall shall be made by means of a second long blast of the air horn.

## **5. Interruptions**

The Umpire has the right to interrupt a correctly started short distance race if unforeseen hindrances arise. Such an interruption may be effected by the course umpires with a red flag and sound signal. Competitors must immediately stop paddling and await further instructions.

## **6. Taking pace and hanging**

- a) Taking pace or receiving assistance from canoes/kayaks not in the race or by any other means is not permitted.
- b) In races up to 1000 metres, competitors must keep their lane from the start to the finish of the course. It is forbidden to hang, and no competitor must come nearer than three metres in any direction to another competitor.

## **7. Collision or Damages**

Any competitor who is responsible for a collision or who damages the canoe/kayak or paddle of another will be disqualified.

## **8. Finish**

- a) The canoe/kayak is deemed to have finished the race when its bow crossed the finish line with all paddlers in it.
- b) If two or more canoes/kayaks reach the finishing line at the same time they are awarded the same classification in the final. In case of a dead heat finish for any position which determines the advance to the next level of the competitions, the following rules will apply:
  - i) Whenever there are sufficient number of lanes available in the next level of the competitions, drawing of lots will determine to which race these boats will advance.
  - ii) In case of a dead heat in a rerace, drawing of lots will determine the outcome.

## **9. Awards/Medals**

The championships medals shall be given to first to third position (gold, silver, bronze). In the event of any question or doubt which is not provided for in this set of Rules and Regulations, the decision of the Organiser shall be final.