Annex: NUS Day of Service – List of Activities

Environment

- 1. International Coastal Cleanup Singapore: Volunteers will conduct cleanup at shores and waterways by collecting, categorising, recording and removing trash. *Venue: Tanah Merah, Singapore*
- 2. Bin Right!: This is a community awareness programme that aims to bring awareness to the NUS community and the public on the proper disposal of waste in recycling bins.

Venue: CitySquare Mall, Singapore

3. Soap For Hope: This is a project to reconstitute used soap bars from hotels for migrant workers in Singapore. Participants will try their hands at soap making from recycled soap bars and be involved in the distribution of soaps to the migrant workers.

Venue: College of Alice & Peter Tan, NUS

4. Tree Planting: The Lee Kuan Yew School of Public Policy Alumni - Bangladesh Chapter will plant around 200 saplings to mark its commitment to the environment. *Venue: Bangladesh*

Food

5. Door to Door Food Distribution with Food From the Heart: The NUS community will distribute food packs to 2,000 less-fortunate families at Food From the Heart's Self Collection Centres.

Venue: Islandwide, Singapore

6. Groceries Shopping with the Elderly: This is a charity event to bring the disadvantaged elderly from the Lion Befriender Activity Centre on a groceries shopping trip.

Venue: Lions Befrienders Senior Activity Centre, Bendemeer, Singapore

- 7. Willing Hearts Soup Kitchen: Participants will assist in the preparation of ingredients, cooking and packing at Willing Hearts, a 100% volunteer-based, non-profit organisation that provides 5,000 meals every day to underprivileged and needy. Venue: Willing Hearts, Singapore
- 8. Serving with Love: Participants will visit the Salvation Army Peacehaven Nursing Home to provide a nutrition meal, conduct games, interact with residents, as well as carry out painting, cleaning, gardening service at the Home.

 Venue: Salvation Army Peacehaven Nursing Home, Singapore
- 9. Mid-Autumn Festival Celebration: Participants will celebrate Mid-Autumn Festival with the elderly at the Chinatown area with music performances and games. Volunteers will interact with the elderly and provide house cleaning service for their homes.

Venue: Chinatown, Singapore

10. Fun, Laughter and Silver!: This is a community outreach programme organised by NUS Libraries to engage the seniors of the Lions Befrienders Senior Activity Centre through games, activities, lunch and lucky draws.

Venue: Lions Befrienders Ghim Moh Senior Activity Centre, Singapore

11. Tart-Making Day: Participants will make and taste tarts with the elderly. The event hopes to encourage more young people to engage with the elderly in the society and promote community service.

Venue: Moral Welfare Home, Singapore

- 12. RVRC Community Day: Participants will visit the Institute of Mental Health to bring smiles to the long-stay patients through interactive games, hand craft activities, sing-along session, special bento lunch and birthdays celebration. This event is organised in collaboration with the Central Community Development Council. *Venue: Institute of Mental Health, Singapore*
- 13. SG51 Arts and Crafts Session: Raffles Hall residents will celebrate SG51 with the residents of Sree Narayana Home for the Aged Sick. The programme includes performances by two Raffles Hall cultural groups, as well as arts and crafts activities and lunch with the residents.

Venue: Sree Narayana Home for the Aged Sick, Singapore

14. Lunch with Bal Sahyog Children: Lee Kuan Yew School of Public Policy India Alumni Chapter will sponsor lunch for destitute children from Bal Sahyog, a non-profit organisation.

Venue: New Delhi, India

Health

- 15. Neighbourhood Health Service: NUS students from Medicine, Nursing, Dentistry and Social Work will provide free annual door-to-door basic health screening for residents aged 40 and above and living in one or two-room rental flats, to help identify those who are at risk of chronic diseases, and to initiate early intervention. *Venue: Taman Jurong, Singapore*
- 16. Charity Tennis Tournament & Dinner: The Lee Kuan Yew School of Public Policy Japan Alumni Chapter will raise funds for donation to UNICEF Japan. *Venue: Tokyo, Japan*

Knowledge

17. A Day at the Museum: This is an education tour of Lee Kong Chian Natural History Museum at NUS, specially catered for the various social welfare groups and needy members of the community.

Venue: Lee Kong Chian Natural History Museum, Singapore

- 18. Science Show-and-Tell: Members from the Young Educators in Science programme, NUS Faculty of Science, will be sharing the joy of learning science and working on science projects through a series of demonstrations to the public.

 Venue: Singapore Science Centre
- 19. Action for Singapore Dogs Shelter Visit: Volunteers will be spending the day helping with the daily tasks of the Shelter, interacting with the dogs and learning about how our society can contribute more towards raising awareness about the shelters that exist in Singapore and to encourage respect and care towards the animals who reside in the shelters.

Venue: Action for Singapore Dogs Shelter

20. Quanzhou Traditional Village Conservation: This community project by the NUS Xiamen Overseas Alumni Chapter promotes and encourages the architecture conservation in traditional villages. Local primary school students will be invited to

join this event in a traditional town within the Quanzhou area, close to Xiamen. Venue: Quanzhou Traditional Villages, Fujian, China

21. NUS Auckland Overseas Chapter Auction Dinner: The NUS Auckland Overseas Alumni Chapter will gather to raise awareness and funds for charity. An auction will be held during the dinner and all proceeds will go to the Asthma and Respiratory Foundation NZ.

Venue: Auckland Rosepark Hotel, Auckland, New Zealand