

## STUDENT EXCHANGE PROGRAMME (SEP)

## Information for Students on Exchange

<b>University</b>	Jagiellonian University
<b>Country</b>	Poland
<b>Academic Calendar</b>	Semester 1 (Fall term): October to February Semester 2 (Spring term): February-June <a href="https://studiuje.uj.edu.pl/en_GB/kalendarz-akademicki">https://studiuje.uj.edu.pl/en_GB/kalendarz-akademicki</a>
<b>Exchange Duration</b>	One semester. Students should go for exchange only in <b>Semester 2</b> due to the overlap in academic calendar.
<b>Language Proficiency Requirement</b>	<p>The language of instruction is Polish/English. Exchange students can choose from a wide variety of non-degree courses in taught in English and other foreign languages. Students who have a command of Polish of <b>at least B2</b> may attend courses taught in Polish. However, these students are required to seek permission from the academic teacher or the coordinator of the institute/faculty that organizes the course. Native English speakers do not need to provide any proof of their language skills.</p> <p><b>Accepted Certificates (English Language):</b></p> <ul style="list-style-type: none"> <li>• TOEFL overall: 65</li> <li>• TOEFL iBT overall: 87-109</li> <li>• IELTS overall: 5.5</li> <li>• TOEIC: 785-940</li> <li>• Cambridge: B2 First exam (FCE), C1 Advance (CAE), C2 Proficiency (CPE)</li> <li>• Other: B2 level (CEFR)</li> </ul>
<b>Course Information</b>	<p>30 ECTS credits per semester</p> <p>Please note:</p> <ol style="list-style-type: none"> <li>1. Course enrolment is not guaranteed. Exchange students need to be flexible with their course preference.</li> <li>2. Courses at Collegium Medicum; School of Polish Language and Culture; Centre for International Studies and Development are not open to exchange students. There is also limited access to the courses at the Institute of English Studies</li> </ol> <p>Course restrictions from the following schools/faculties:</p> <ul style="list-style-type: none"> <li>• Medical College</li> <li>• School of Polish Language and Culture</li> <li>• CISAD Centre for International Studies and Development</li> </ul> <p>Limited access to the courses at the Institute of English Studies.</p>

## STUDENT EXCHANGE PROGRAMME (SEP)

	<p>List of Courses:  <a href="https://internationalstudents.uj.edu.pl/en_GB/wymiany/kursy">https://internationalstudents.uj.edu.pl/en_GB/wymiany/kursy</a></p>
<b>Accommodation</b>	<p>On-campus housing is limited and not guaranteed in JU. The university offers accommodation in the student dormitories.</p> <p>For more information, please refer to:  <a href="https://akademiki.uj.edu.pl/ds">https://akademiki.uj.edu.pl/ds</a></p>
<b>Visa</b>	<p>Exchange students who are non-EU nationals and will be studying in Poland are required to apply for an entry visa. All students who will be staying in Poland for more than 3 months should legalize their stay by obtaining the temporary residence permit after their arrival.</p> <p>For more information on visa / residence permit applications, please refer to: <a href="http://www.msz.gov.pl/">http://www.msz.gov.pl/</a> and  <a href="https://internationalstudents.uj.edu.pl/en_GB/studenci/legalizacja">https://internationalstudents.uj.edu.pl/en_GB/studenci/legalizacja</a></p>
<b>Insurance</b>	<p>All full-time NUS students are covered under the university's Student Group Personal Accident &amp; Medical Insurance and the Student Travel Insurance. For more information on the university medical insurance, please refer to <a href="https://myportal.nus.edu.sg/studentportal/student-insurance/all/">https://myportal.nus.edu.sg/studentportal/student-insurance/all/</a>.</p> <p>JU does not provide any insurance to students. Exchange students are required to purchase medical insurance with a minimum insurance amount of EUR 30,000 valid for the period of the planned stay on the territory of Poland, that covers any expenses which might arise in connection with repatriation for medical reasons, urgent medical attention and/or emergency hospital treatment or repatriation of remains, in which the insurer undertakes to cover the costs of the insured health benefits directly to the entity providing such benefits, based on the invoice issued by this entity: <a href="https://www.gov.pl/web/singapore/travel-insurance">https://www.gov.pl/web/singapore/travel-insurance</a></p> <p><a href="https://internationalstudents.uj.edu.pl/en_GB/studenci/ubezpieczenie">https://internationalstudents.uj.edu.pl/en_GB/studenci/ubezpieczenie</a></p> <p>It is recommended that you purchase a comprehensive travel insurance for the full duration of your stay abroad, including your personal travel within/outside Poland. Please review your insurance coverages to ensure that they meet your needs.</p> <p>Students are strongly encouraged to assess the risk of their intended activities and purchase supplemental insurance plans to ensure they are adequately covered during their time abroad.</p>

STUDENT EXCHANGE PROGRAMME (SEP)

<p><b>Useful Links</b></p>	<p><b>Student Exchange Information:</b>  <a href="https://erasmus.uj.edu.pl/en_GB/incoming/studies">https://erasmus.uj.edu.pl/en_GB/incoming/studies</a></p> <p><b>Studying at Jagiellonian University:</b>  <a href="https://promocja.uj.edu.pl/documents/1417014/150570844/ulotka_harmojka2022_ENG_web2.pdf/8e2f73cc-8ac4-447d-95a0-e0d90aa921ae">https://promocja.uj.edu.pl/documents/1417014/150570844/ulotka_harmojka2022_ENG_web2.pdf/8e2f73cc-8ac4-447d-95a0-e0d90aa921ae</a></p> <p><b>Student Centre for Support and Adaptation (SOWA)</b>          Help provided by SOWA is conducted in the crisis intervention paradigm. SOWA does not provide psychotherapy nor long-term treatment, but offers support in dealing with the most urgent problems:          ✓ Crisis intervention in a case of psychological crisis          ✓ Support in the adaptation process          ✓ Mental health promotion and education          ✓ Information on how and where to seek psychiatric care or psychotherapy</p> <p>For more information, please visit: <a href="https://sowa.uj.edu.pl/english">https://sowa.uj.edu.pl/english</a></p> <p><b>Department of Security, Safety and Equal Treatment (Safe Student)</b>          In case of any emergency concerning your safety, security or wellbeing you can contact Safe Student. For more information, please visit: <a href="https://safe-student.uj.edu.pl/en_GB/contact">https://safe-student.uj.edu.pl/en_GB/contact</a></p> <p><b>ESTIMATED COSTS OF LIVING (PER MONTH)</b>  <a href="https://ces.uj.edu.pl/study-abroad/tuition-and-fees">https://ces.uj.edu.pl/study-abroad/tuition-and-fees</a></p> <ul style="list-style-type: none"> <li>• Accommodation: 610 PLN / month (in a double room in a student dormitory)</li> <li>• JU Student ID card: 22 PLN</li> <li>• Food: 1700-2000 PLN / month</li> <li>• Transport: 80 PLN / half-rate network ticket for the City of Krakow</li> <li>• Insurance: see "VISA &amp; INSURANCE SECTION"</li> <li>• Phone, Internet and TV subscription bills: 80-100 PLN</li> <li>• Groceries: 700-900 PLN</li> <li>• Others (entertainment): 150-200 PLN</li> </ul> <p>Average living costs in Poland are within the range: ca. 1500-3000 PLN</p>
----------------------------	---

Note: All information is subjected to change. Please check the partner university's website for the most up-to-date information.