

STUDENT EXCHANGE PROGRAMME (SEP)

## Information for Students on Exchange

<b>University</b>	University of Helsinki
<b>Country</b>	Finland
<b>Academic Calendar</b>	Semester 1 (Autumn semester): August to December Semester 2 (Spring semester): January to May <a href="https://studies.helsinki.fi/instructions/article/academic-year-and-teaching-periods">https://studies.helsinki.fi/instructions/article/academic-year-and-teaching-periods</a>
<b>Exchange Duration</b>	One semester
<b>Language Proficiency Requirement</b>	Language of instruction is available in Finnish/Swedish/English.
<b>Course Information</b>	<p>(1) Minimum workload per semester: 20 ECTS (approximately 4 courses) (2) Maximum workload per semester: No maximum</p> <p>The regular semester workload for full-time undergraduate students as determined by the Office of the Provost is 30 ECTS. Credits earned at the host university may not be directly equivalent to NUS credits and you can refer to the <a href="#">SEP Credit Transfer Calculator</a> for information on units exchange ratio at the host university. Please note that the actual number of credits earned is subject to the units exchange ratio at the point of credit transfer.</p> <p>Please note:</p> <ol style="list-style-type: none"> <li>1. Students are required to choose majority of their courses (min. 50% of the credits) from one faculty and will only be accepted by faculty closest to their academic background.</li> <li>2. Some faculties offer English taught courses mainly on the Master's level (suitable for advanced Bachelor as well): Agriculture and Forestry, Pharmacy, Biological and Environmental Sciences, Geography, Translational Medicine</li> <li>3. Disciplines not offered: Business, Engineering, Fine Arts, Nursing and Architecture</li> <li>4. Course enrolment is not guaranteed. Exchange students need to be flexible with their course preference.</li> </ol> <p>Course catalogue: <a href="https://studies.helsinki.fi/instructions/article/courses-exchange-students#paragraph-7854">https://studies.helsinki.fi/instructions/article/courses-exchange-students#paragraph-7854</a></p> <p>Course restrictions: <a href="https://studies.helsinki.fi/instructions/article/courses-exchange-students#paragraph-7853">https://studies.helsinki.fi/instructions/article/courses-exchange-students#paragraph-7853</a></p> <p>Courses in Medicine and Psychology are highly restricted and access to them cannot be guaranteed to exchange students admitted via university-wide agreements.</p>

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	<p>Psychology students can access social psychology courses in the Faculty of Social Sciences.</p> <p>Students who would like to read Life Sciences courses must meet the pre-requisite of completing at least two years of university studies in Life Sciences.</p>
<b>Accommodation</b>	<p>Housing is not guaranteed but exchange students outside Europe are prioritised.</p> <p>University of Helsinki highly recommends exchange students to apply for furnished housing from quota reserved from <a href="#">HOAS</a> and <a href="#">Unihome</a>.</p> <p>For more information, please refer to: <a href="https://studies.helsinki.fi/instructions/article/housing">https://studies.helsinki.fi/instructions/article/housing</a></p>
<b>Visa</b>	<p>Exchange students who are non-EU nationals and will be studying in Finland for at least one semester (more than 90 days) are required to apply for a residence permit according to the instructions provided by the <a href="#">Finnish Immigration Service</a> (Migri).</p> <p>For more information on visa/residence permit applications, please refer to: <a href="https://studies.helsinki.fi/instructions/article/residence-permit-exchange-and-visiting-students">https://studies.helsinki.fi/instructions/article/residence-permit-exchange-and-visiting-students</a></p>
<b>Insurance</b>	<p>All full-time NUS students are covered under the university's Student Group Personal Accident &amp; Medical Insurance and the Student Travel Insurance. For more information on the university medical insurance, please refer to <a href="https://myportal.nus.edu.sg/studentportal/student-insurance/all/">https://myportal.nus.edu.sg/studentportal/student-insurance/all/</a>.</p> <p>Health insurance is one of the obligatory requirements you will need for obtaining a residence permit for studies. For more information, please refer to <a href="https://studies.helsinki.fi/instructions/article/health-insurance-exchange-students">https://studies.helsinki.fi/instructions/article/health-insurance-exchange-students</a>.</p> <p>It is recommended that you purchase a comprehensive travel insurance for the full duration of your stay abroad, including your personal travel within/outside Finland. Please review your insurance coverages to ensure that they meet your needs.</p> <p>Students are strongly encouraged to assess the risk of their intended activities and purchase supplemental insurance plans to ensure they are adequately covered during their time abroad.</p>
<b>Useful Links</b>	<p>Student Exchange Information: <a href="https://studies.helsinki.fi/instructions/exchange-and-visiting-students">https://studies.helsinki.fi/instructions/exchange-and-visiting-students</a></p>

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